



# TRUST - Trauma Informed Care Checklist

Date: \_\_\_\_\_

\_\_\_\_\_ Planning

\_\_\_\_\_ Organizational Assessment: Administered \_\_\_\_\_ Aggregated \_\_\_\_\_ Summary meeting \_\_\_\_\_

\_\_\_\_\_ Implementation

Training

- \_\_\_\_\_ Trauma Informed Care (TIC) 101
- \_\_\_\_\_ Motivational Interviewing: Effective Communication
- \_\_\_\_\_ Mindfulness
- \_\_\_\_\_ Reflective Practice
- \_\_\_\_\_ Implicit Bias
- \_\_\_\_\_ Case Studies using a Trauma Informed lens
- \_\_\_\_\_ Compassion Fatigue/ Resilience
- \_\_\_\_\_ Resiliency in Uncertain time
- \_\_\_\_\_ Extended Implicit Bias
- \_\_\_\_\_ Unmute – Anti-Racism workshop

\_\_\_\_\_ Check In and Connect for Resiliency Program Support

\_\_\_\_\_ Outcome measurement tools

- \_\_\_\_\_ Safety Youth Assessments
- \_\_\_\_\_ Annual Satisfaction Survey

\_\_\_\_\_ Mental Health Consultation

- \_\_\_\_\_ Clinical Therapist visit
- \_\_\_\_\_ Planning for implementation

\_\_\_\_\_ Follow Up – Technical Support

- \_\_\_\_\_ Weekly Resiliency Sessions covering various topics

\_\_\_\_\_ Ongoing Strategies

\_\_\_\_\_ Additional Training

\_\_\_\_\_ Next Steps

Rev. 10/26/2020