



# Annual Program Accountability Report

FY 2009-2010  
October 1, 2009 – September 30, 2010

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## OVERVIEW

**The mission of the Children’s Services Council of St. Lucie County is to improve the quality of life for all children in St. Lucie County.** In order to achieve its mission, CSC will advocate for children by developing resources and planning, coordinating and funding services for children in a fiscally responsible manner with family, community, government and service providers.

The Children’s Services Council of St. Lucie County’s priority areas for funding programs are based upon a community wide comprehensive strategy entitled “St. Lucie Hand in Hand.” This community wide effort has targeted the reduction of four priority risk factors that have been shown by research to significantly contribute to unhealthy behaviors in children and families. The four priority risk factors being addressed are: Low Neighborhood Attachment & Community Disorganization, Poor Family Management, Academic Failure Beginning in Elementary School, and Early & Persistent Antisocial Behavior. Programs that address these risk factors should instill the positive promotion of:

- Healthy Families and Babies
- School Readiness and School Success
- Family Building and Strengthening
- Healthy Lifestyles and Decision Making
- Recreational Activities and Youth Development

The following annual report provides fiscal and programmatic performance covering October 2009 through September 2010 for each of the fifty-seven programs funded for fiscal year 2009-2010. This includes the population served by age, race/ethnicity, children served individually, as well as children and adults served in groups.

# HEALTHY FAMILIES & BABIES



Children’s Services Council funds eight programs that ensure the health of newborns and their proper development. Programs funded in this category represent **18%** of the total program allocations for fiscal year 2009-10 totaling \$1,198,875.

- Easter Seals – Early Steps Program
- Healthy Kids of St. Lucie County – Kid Care Insurance Program
- Healthy Start Coalition – Crib Safety Program
- Healthy Start Coalition – Healthy Families
- Healthy Start Coalition – Newborn Home Visitation Program  
Lawnwood Regional Medical Center and St. Lucie Medical Center
- HPS Helping People Succeed – BRAIN Program
- HPS Helping People Succeed – Infant/Family Resources
- Martin Memorial Medical Center - Mother Baby Home Visitation Program

Children Served by Age							
0 - 4	5 - 9	10 - 14	15 - 17	18	Total*		
4005	109	77	115	115	4421		
Children Served by Race/Ethnicity							
Black	Haitian	Hispanic	White	Asian-Pacific Isl.	American Indian	Other	Total
1211	72	791	2086	60	4	197	4421
<b>Children Served in Groups: 878</b>				<b>Adults Served in Groups: 3836</b>			

\*Represents aggregate total of children served

7 of 8 programs are currently meeting 90% or more of program outcomes. The Outcome measures for Healthy Families and Babies include:

- Increased early intervention services and developmental screenings
- Increased family development skills to prevent abuse and neglect
- Increased knowledge of physical and nutritional needs of infants
- Increased knowledge of safety and self-care
- Increased knowledge of neighborhood and community resources
- Improved parent/child interaction skills

**Agency:** Easter Seals **Program:** Early Steps Program

**Amount Funded for FY 09-10:** \$200,000 **Percentage Spent:** 100%

**Brief Description:** Provides a county-wide comprehensive multidisciplinary family-centered system of prevention, early identification, and early intervention services for developmentally at-risk infants and toddlers birth to 3 years, and their families who are ineligible for Medicaid, but who are significantly developmentally at-risk.

**# of Children served Individually:** 484 **% of Contracted Goal:** 114%

**# of Adults served:** 483 **% of Contracted Goal:** 114%

**Outcome Achievement (Goal):** 98% (Goal – 90%) of children ages birth to three, who received services through the St. Lucie County early intervention system have appropriate immunizations from an established medical home.

**Outcome Achievement (Goal):** 100% (Goal – 90%) of parents have increased their knowledge, understanding and acceptance of their child's overall development including developmental milestones, age appropriate skills and activities.

**Agency:** Healthy Kids of St. Lucie Co. **Program:** Healthy Kids Insurance

**Amount funded for FY 09-10:** \$ 109,400 **Percent Spent:** 79%

**Brief description:** Health insurance coverage to school age children in St. Lucie County not eligible under other coverage. Program provides an outreach coordinator to inform and enroll new children as well as verification of current enrollment.

**# of Children served Individually:** 9\* **% of Contracted Goal:** 17%

**# of Adults served in Groups:** 3084 **% of Contracted Goal:** 115%

**Outcome Achievement (Goal):** 10% increase in new enrollment in Healthy Kids program in St. Lucie County. (500 additional children enrolled for 2009/10)

**Outcome Achievement (Goal):** Increased awareness about the availability of low cost health insurance programs for the working families of St. Lucie County. Attended 31 community events this year. (Goal – 15)

\*Funding of Healthy Kids for Non-Title XXI enrollees. Due to legislative changes, the State does not currently allow for growth.

**Agency:** Healthy Start Coalition of St. Lucie Co. **Program:** Crib Safety Program

**Amount funded for FY 09-10:** \$5,775 **Percent Spent:** 100%

**Brief description:** Targets families who either have unsafe cribs or no cribs for their infants. Offers cribs to families after completion of child CPR classes which are part of the Healthy Start perinatal classes.

**# of Children served Individually:** 47 **% of Contracted Goal:** 131%

**Outcome Achievement (Goal):** 47 (Goal – 36) cribs provided to new mothers who could not otherwise afford a crib. All recipients completed CPR classes prior to delivery of crib.

**Agency:** Healthy Start Coalition of St. Lucie Co.      **Program:** Healthy Families  
**Amount funded for FY 09-10:**    \$261,600      **Percent Spent:** 98%

**Brief description:** A community-based, voluntary home visiting program designed to promote positive parent/child interaction and healthy childhood growth and development, thereby preventing child abuse and neglect.

**# of Children served Individually:**      **561**                      **% of Contracted Goal:**    **98%**  
**# of Adults served:**                              **379**                      **% of Contracted Goal:**    **117%**

**Outcome Achievement (Goal):**    96% (*Goal - 95%*) of children in families who participated in the HFF program for six months or more had no findings of some indication or verified child maltreatment while receiving Healthy Families services.

**Outcome Achievement (Goal):**    99% (*Goal- 80%*) of participants showed improvement in parent/child interaction skills within 18 months of initiating home visiting services.

**Agency:** Healthy Start Coalition of St. Lucie Co.      **Program:** Newborn Home Visitation  
**Amount funded for FY 09-10:**    \$ 139,600      **Percent Spent:** 99%

**Brief description:** Provides mothers with new babies in St. Lucie County the opportunity to access medical care after the mother and baby have left the hospital. Encourages and facilitates mothers to provide and receive optimum medical care for themselves and their newborn through physical assessment provided by Home Visitation Nurse and instruction and supervision provided during visit with mother and baby in the home. The goal is to provide every newborn infant and the new mom with a home visit by an RN within 3-5 days after discharge from hospital.

**Lawnwood Regional Medical Center**

**# of Children served Individually:**      **826**                      **% of Contracted Goal:**    **92%**  
**# of Adults served:**                              **764**                      **% of Contracted Goal:**    **96%**

**Outcome Achievement (Goal):**    Increased the percentage of St. Lucie County mothers who schedule and complete a home visit to 80% (*Goal – 85%*) for all St. Lucie County mothers delivering at Lawnwood Regional Medical Center.

**Outcome Achievement (Goal):**    Increased to 69% (*Goal – 90%*) the percentage of St. Lucie County mothers who accept referral to BRAIN program for a baby developmental home visit.

**St. Lucie Medical Center**

**# of Children served Individually:**      **372**                      **% of Contracted Goal:**    **47%**  
**# of Adults served:**                              **343**                      **% of Contracted Goal:**    **43%**

**Outcome Achievement (Goal):**    Increased the percentage of St. Lucie County mothers who schedule and complete a home visit to 71% (*Goal – 85%*) for all St. Lucie County mothers delivering at St. Lucie Medical Center.

**Outcome Achievement (Goal):**    Increased to 99% (*Goal – 90%*) the percentage of St. Lucie County mothers who accept referral to BRAIN program for a baby developmental home visit.

**Agency:** HPS Helping People Succeed **Program:** B.R.A.I.N. Program  
**Amount funded for FY 09-10:** \$160,600 **Percent Spent:** 100%

**Brief description:** Building Readiness Among Infants Now (BRAIN) is a prevention oriented program, providing vital educational home visits to families with 2-month old infants, with follow-up developmental monitoring provided through the mail from 4 months to 48 months of age.

**# of Children served Individually:** 1146 **% of Contracted Goal:** 96%  
**# of Adults served:** 1414 **% of Contracted Goal:** 118%

<b>Outcome Achievement (Goal):</b>	99% (Goal – 95%) of all parents increased understanding regarding healthy parent-child interaction leading to school readiness as reported in parent surveys.
<b>Outcome Achievement (Goal):</b>	99% (Goal – 95%) of all parents increased understanding of early brain development and the stages of child development leading to school readiness.

**Agency:** HPS Helping People Succeed **Program:** Infant Family Resource  
**Amount funded for FY 09-10:** \$162,300 **Percent Spent:** 100%

**Brief description:** Home-based and group developmental intervention and parenting support to families with infants and toddlers under three who are at-risk of developmental delay due to prenatal drug exposure, abuse/neglect, teen parenting, or other parenting complexities and community-based group early development services to typically developing children under five.

**# of Children served Individually:** 92 **% of Contracted Goal:** 115%  
**# of Children served in Groups:** 601 **% of Contracted Goal:** 150%  
**# of Adults served:** 59 **% of Contracted Goal:** 74%  
**# of Adults served in Groups:** 687 **% of Contracted Goal:** 0%

<b>Outcome Achievement (Goal):</b>	84% (Goal – 90%) of enrolled children achieved developmental gains as measured by mastering 50% of the goals on their Child Developmental Plan.
<b>Outcome Achievement (Goal):</b>	100% (Goal - 75%) of families enrolled by Community Resource Mom increased knowledge of neighborhood/community resources as measured by semi-annual surveys and client files.
<b>Outcome Achievement (Goal):</b>	96% of (Goal - 90%) of parents reported gaining child development knowledge or enhanced parent-child relationships as measured by semi-annual surveys.

**Agency:** Martin Memorial Medical Center      **Program:** Mother/Baby Home Visitation  
**Amount funded for FY 09-10:** \$159,600      **Percent Spent:** 94%

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**Brief description:** A “best practice” primary prevention program providing RN home visitation to families with newborns. The focus is on family bonding and the well being of mothers, fathers, and babies. Home visits include physical assessments of mother and baby; infant care and feeding with emphasis on breastfeeding support and education; as well as home, fire, car seat, infant, and pool safety assessments. Key component is early identification of risk factors, which are promptly referred and/or reported to the appropriate community agencies and providers.

<b># of Children served Individually:</b>	<b>884</b>	<b>% of Contracted Goal:</b>	<b>81%</b>
<b># of Children served in Groups:</b>	<b>277</b>	<b>% of Contracted Goal:</b>	<b>120%</b>
<b># of Adults served:</b>	<b>887</b>	<b>% of Contracted Goal:</b>	<b>92%</b>
<b># of Adults served in Groups:</b>	<b>65</b>	<b>% of Contracted Goal:</b>	<b>0</b>

<b>Outcome Achievement (Goal):</b>	100% ( <i>Goal – 90%</i> ) of all new parents gained understanding and knowledge of infant physical and nutritional needs, immunization, infant sleep position, car seat safety, and follow-up appointment with primary care provider.
<b>Outcome Achievement (Goal):</b>	98% ( <i>Goal – 90%</i> ) of all new mothers gained understanding and knowledge of self-care, dietary intake, home safety, fire safety, referral sources, and follow up appointment with primary care provider.

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## SCHOOL READINESS & SCHOOL SUCCESS



Children’s Services Council funds thirteen programs that ensure children are prepared to learn at school and develop positive assets so they can achieve their greatest potential. Programs funded in this category represent **26%** of the total program allocations for fiscal year 2009-10 totaling \$1,744,000.

- ALPI - Computer Assisted Tutorial
- Big Brothers Big Sister - AmeriCorp Florida Reads
- Big Brothers Big Sisters - Reading Bigs program
- Boys and Girls Club - Truancy Project
- Children’s Home Society -Truancy Project
- Daniel M. Foundation - Applied Behavior Concepts
- Early Learning Coalition – Child Care Purchasing Pool
- Early Learning Coalition – Local Match
- Helping People Succeed – Help Me Behave
- New Horizons - Student Assistance Program
- Project ROCK South, Inc. - Project R.O.C.K. South
- Project R.O.C.K. Inc. – Project R.O.C.K. North
- St. Lucie County Health Dept. – School Nurses

Children Served by Age							
0 - 4	5 - 9	10 - 14	15 - 17	18	Total*		
2288	6246	4216	297	22	13,069		
Children Served by Race/Ethnicity							
Black	Haitian	Hispanic	White	Asian-Pacific Isl.	American Indian	Other	Total
5157	369	2485	4471	98	56	433	13,069
<b>Children Served in Groups: 63,019**</b> **Not adjusted for duplication				<b>Adults Served in Groups: 2269</b>			

\*Represents aggregate total of children served

13 of 13 programs are meeting 90% or more of program outcome goals. The outcome measures for School Readiness and School Success include:

- Increased behavioral control skills for parents and students
- Increased academic performance
- Increased knowledge and understanding of the consequences of substance abuse
- Reduced overall use of gateway drugs and prevention of experimentation
- Increased coping and anger management skills
- Provided child care to working poor families
- Increased readiness skills for kindergarten
- Reduced unexcused school absences
- Increased reading skills
- Increased promotion to next grade level

**Agency:** ALPI **Program:** Computer Assisted Tutorial Program  
**Amount funded for FY 09-10:** \$87,000 **Percent Spent:** 97%

**Brief description:** After-school program designed to increase parental involvement and academic success of students in a Computer Assisted Tutorial program.

**# of Children served Individually:** 132 **% of Contracted Goal:** 147%  
**# of Adults served:** 12 **% of Contracted Goal:** 120%

**Outcome Achievement (Goal):** 92% (Goal – 90%) of participants enrolled in program for at least 8 weeks improved academic performance as measured by nine week period report cards.

**Outcome Achievement (Goal):** 83% (Goal – 90%) of participants enrolled in program for at least 8 weeks had less than 3 unexcused school absences as measured by nine week period report cards.

**Agency:** Big Brothers Big Sisters **Program:** Ameri-Corps St. Lucie Reads!  
**Amount funded for FY 09-10:** \$200,000 **Percent Spent:** 93%

**Brief description:** Program is designed to promote family literacy and school success through reading mentoring at school sites with elementary and foster care students.

**# of Children served Individually:** 332 **% of Contracted Goal:** 123%  
**# of Children served in Groups:** 920 **% of Contracted Goal:** 460%  
**# of Adults served:** 59 **% of Contracted Goal:** 219%  
**# of Adults served in Groups:** 269 **% of Contracted Goal:** 135%

**Outcome Achievement (Goal):** Maintained an 85% (Goal - 80%) promotion rate to the next grade level for participants who have been enrolled in program for at least 6 months as reported by June 2010 School District promotion/retention records.

**Outcome Achievement (Goal):** 87% (Goal – 80%) of participants who have been enrolled in program for at least six months will increase reading performance in one or more areas of the FAIR by June 2010 as measured by pre/post test instruments.

**Outcome Achievement (Goal):** 71% (Goal – 90%) of participants enrolled in program for at least 8 weeks had less than 3 unexcused school absences as measured by nine week period report cards.

**Agency:** Big Brothers Big Sisters **Program:** Reading Bigs  
**Amount funded for FY 09-10:** \$94,000 **Percent Spent:** 100%

**Brief description:** Program is designed to promote family literacy and school success through reading mentoring at school sites with K – 2<sup>nd</sup> graders.

**# of Children served Individually:** 136 **% of Contracted Goal:** 94%  
**# of Adults served:** 113 **% of Contracted Goal:** 98%  
**# of Adults served in Groups:** 50 **% of Contracted Goal:** 0

<b>Outcome Achievement (Goal):</b>	94% ( <i>Goal – 85%</i> ) of enrolled boys and girls who have participated in reading mentoring activities for at least six months were promoted to the next grade level as reported by June 2010 School District promotion/retention records.
<b>Outcome Achievement (Goal):</b>	80% ( <i>Goal – 80%</i> ) of the enrolled boys and girls who have participated in the reading mentoring activities for at least six months improved reading performance in one or more areas of the FAIR by June 2010.
<b>Outcome Achievement (Goal):</b>	63% ( <i>Goal – 90%</i> ) of participants enrolled in the program for at least 8 weeks had less than 3 unexcused school absences each nine weeks as measured by report cards.

**Agency:** Boys & Girls Club **Program:** Truancy Project II  
**Amount funded for FY 09-10:** \$115,000 **Percent Spent:** 98%

**Brief description:** Program is designed to promote regular school attendance and success through targeting of K – 5th graders with five or more unexcused absences.

**# of Children served Individually:** 1119 **% of Contracted Goal:** 124%  
**# of Children served in Groups:** 110 **% of Contracted Goal:** 0

<b>Outcome Achievement (Goal):</b>	61%(Goal 60%) of youth served during the 2009-10 school year (including those carried over from previous year and those entering into program 1 <sup>st</sup> or 2 <sup>nd</sup> nine weeks) reduced the rate of accumulated unexcused absences (from initial contact in the program to end of school year) as of June 2010 as measured by the SLCSB generated reports.
<b>Outcome Achievement (Goal):</b>	Reduced the total number of unexcused absences for all elementary school children served in this eight-school project by 33% ( <i>Goal – 30%</i> )by June 2010 as measured by SLCSB generated cumulative reports for the end of the 2009-10 school year.

**Agency:** Children's Home Society **Program:** Truancy Project  
**Amount funded for FY 09-10:** \$103,000 **Percent Spent:** 96%

**Brief description:** Program is designed to promote regular school attendance and success through targeting of K – 5<sup>th</sup> graders with five or more unexcused absences. Provides services to 7 schools which include case management as well as information and resource referral services.

**# of Children served Individually:** 1362 **% of Contracted Goal:** 69%  
**# of Adults served:** 1817 **% of Contracted Goal:** 53%

**Outcome Achievement (Goal):** 94%(Goal - 60%) of youth served during the 2009-10 school year (including those carried over from previous year and those entering into program 1<sup>st</sup> or 2<sup>nd</sup> nine weeks) reduced the rate of accumulated unexcused absences (from initial contact in the program to end of school year) as of June 2010 as measured by the SLCSB generated reports.

**Outcome Achievement (Goal):** 97% (Goal -50%) of youth served between Oct. 1, 2009 – March 31, 2010 did not accumulate any additional unexcused absences after initial contact for the remainder of the school year.

**Agency:** Daniel M. Foundation **Program:** Applied Behavior Concepts  
**Amount funded for FY 09-10:** \$67,000 **Percent Spent:** 99%

**Brief description:** The Applied Behavior Concepts program serves children 3-4 years old that have been identified as having behavior issues that cannot be managed in their current child care settings. Educational focus will assist children with development of social and behavioral skills and improvement of emotional and social school readiness.

**# of Children served Individually:** 17 **% of Contracted Goal:** 121%  
**# of Adults served in Groups:** 7 **% of Contracted Goal:** 35%

**Outcome Achievement (Goal):** Increased the ability to learn appropriate ways to control individually identified negative behavior of enrolled boys and girls by 80% (Goal - 50%) as measured by a data collected on a daily basis through case notes.

**Outcome Progress:** Increased school readiness skills for 82% (Goal – 85%) of enrolled children by September 2010 as measured by assessment every 8 weeks.

**Agency:** Early Learning Coalition **Program:** Child Care Purchasing Pool  
**Amount funded for FY 09-10:** \$25,000 **Percent Spent:** 87%

**Brief description:** Funds provided to participate in the Child Care Executive Partnership to draw down matching Federal and State funds – dollar for dollar. The funds serve children and families whose income range from 150% - 200% of the federal poverty level.

**# of Children served Individually:** 39 **% of Contracted Goal:** 195%

**Outcome Achievement:** The Coalition has been able to receive 100% match from the State's Child Care Executive Partnership for 39 children (Goal – 20). These children would not have qualified for the School Readiness program due to income level.

**Agency:** Early Learning Coalition **Program:** Local Match  
**Amount funded for FY 09-10:** \$240,000 **Percent Spent:** 100%

**Brief description:** Required local match for the Early Learning Coalition to draw down funds to serve working poor eligible families.

**# of Children served Individually:** 2140 **% of Contracted Goal:** 93%

**Outcome Progress:** Increased the developmental progress of 100% (*Goal – 80%*) of 3 and 4 year old income eligible children by 10% based on age-appropriate assessment results.  
**Outcome Progress:** Currently serving 2140 children under the program compared to initial and prior funding years (*FY 2008-09: 2600 served*). The Coalition previously had a wait list.

**Agency:** Helping People Succeed (HPS) **Program:** Help Me Behave  
**Amount funded for FY 09-10:** \$120,000 **Percent Spent:** 100%

**Brief description:** Program provides behavioral evaluations, intensive family service coordination, parent support and training for families of children with difficult behaviors or whose emotional well being is at risk.

**# of Children served Individually:** 119 **% of Contracted Goal:** 159%

**# of Adults served:** 361 **% of Contracted Goal:** 278%

**# of Adults served in Groups:** 155 **% of Contracted Goal:** 155%

**Outcome Achievement (Goal):** Increased the number of licensed childcare programs in SLC who participate in the HMB Program for 2009-10 to 51 (*Goal - 50*).  
**Outcome Achievement (Goal):** 91% (*Goal 80%*) of the children completing the program experienced stability in their child care center placement as measured by a minimum 60 day continuous/compatible placement.  
**Outcome Achievement (Goal):** Increased readiness for kindergarten among 100% (*Goal - 90%*) of the identified target population of children by September 30, 2010 as measured by the 2010 HMB kindergarten enrollment report. (41 children of the 41 children eligible to begin Kindergarten have successfully achieved this goal.)

**Agency:** New Horizons of the Treasure Coast      **Program:** Student Assistance Program

**Amount funded for FY 09-10:** \$400,000      **Percent Spent:** 94%

**Brief description:** School based program designed to prevent and reduce substance use and abuse among high risk, multi-problem adolescents. Program services focus on strengthening protective factors for healthy behaviors and decreasing risk factors associated with greater potential for drug use.

<b># of Children served Individually:</b>	<b>151</b>	<b>% of Contracted Goal:</b>	<b>44%</b>
<b># of Children served in Groups:</b>	<b>51,206*</b>	<b>% of Contracted Goal:</b>	<b>640%</b>
<b># of Adults served:</b>	<b>2252</b>	<b>% of Contracted Goal:</b>	<b>265%</b>
<b># of Adults served in Groups:</b>	<b>670</b>	<b>% of Contracted Goal:</b>	<b>74%</b>

**Outcome Progress:** 87% (*Goal – 85%*) of students who completed Level II services, increased their knowledge of risk and protective factors associated with substance use/abuse, as measured by an increased score on the student survey at discharge.

**Outcome Progress:** 85% (*Goal - 75%*) of students enrolled in Level II services completed at least two of the goals on their individualized Prevention Plan, which exhibited a decrease in their Risk Factors and an increase in their Protective Factors.

**Outcome Progress:** 100% (*Goal – 80%*) of Elementary students completing the Second Step curriculum (Level II services) displayed improved pro-social behavior, as evidenced by receipt of no (*Goal – no more than 2*) disciplinary referrals while enrolled in services.

\*not adjusted for duplication

**Agency:** Project ROCK, Inc.      **Program:** Project ROCK North

**Amount funded for FY 09-10:** \$115,000      **Percent Spent:** 100%

**Brief description:** Ft. Pierce located program that provides a supervised, nurturing environment for youth who have been suspended from school, taking them off of the streets and into a positive environment. Project ROCK provides individual consultation, academic tutoring, and recreational activities during the school day.

<b># of Children served Individually:</b>	<b>465</b>	<b>% of Contracted Goal:</b>	<b>103%</b>
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**Outcome Achievement (Goal):** 100% (*Goal – 95%*) of Project ROCK participants did not commit a crime of any type while enrolled in program.

**Outcome Achievement (Goal):** 100% (*Goal – 90%*) of Project ROCK participants completed homework assignments and/or appropriate schoolwork as measured by homework logs.

**Outcome Achievement (Goal):** 87% (*Goal – 90%*) of Project ROCK participants who attended at least 3 days increased their coping and anger management skills.

**Agency:** Project ROCK South, Inc. **Program:** Project ROCK South

**Amount funded for FY 09-10:** \$103,000 **Percent Spent:** 100%

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**Brief description:** Port St. Lucie located program that provides a supervised, nurturing environment for youth who have been suspended from school, taking them off of the streets and into a positive environment. Project ROCK provides individual consultation, academic tutoring, and recreational activities during the school day.

**# of Children served Individually:** **278** **% of Contracted Goal:** **74%**

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**Outcome Achievement (Goal):** 100% (*Goal – 95%*) of Project ROCK participants did not commit a crime of any type while enrolled in program.

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**Outcome Achievement (Goal):** 100% (*Goal – 90%*) of Project ROCK participants completed homework assignments and/or appropriate schoolwork as measured by homework logs.

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**Outcome Achievement (Goal):** 99% (*Goal – 90%*) of Project ROCK participants who attended at least 3 days increased their coping and anger management skills.

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Agency: St. Lucie County Health Dept. Program: School Nurses  
 Amount funded for FY 09-10: \$75,000 Percent Spent: 100%

**Brief description:** A community partnership between the St. Lucie County Health Department, the School Board and the Children's Services Council to address the need for more school nurses and to develop a coordinated school health program model in the county. Program provides targeted medical management and screenings for school children served in this seven school project.

Fort Pierce

<b># of Children served Individually:</b>	<b>2292</b>	<b>% of Contracted Goal:</b>	<b>229%</b>
<b># of Children served in Groups:</b>	<b>4086</b>	<b>% of Contracted Goal:</b>	<b>204%</b>
<b># of Adults served:</b>	<b>740</b>	<b>% of Contracted Goal:</b>	<b>493%</b>
<b># of Adults served in Groups:</b>	<b>675</b>	<b>% of Contracted Goal:</b>	<b>338%</b>

<b>Outcome Achievement (Goal):</b>	Improved overall health and functioning of students by completing all mandated screenings and notifications of 100% ( <i>Goal – 90%</i> ) of students by December 30, 2009 to ensure timely referrals for appropriate services and treatment.
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<b>Outcome Achievement (Goal):</b>	Increased knowledge of 90% ( <i>Goal – 70%</i> ) of children and adult staff who attended class workshops on making healthy lifestyles as measured by pre/post surveys.
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Port St. Lucie

<b># of Children served Individually:</b>	<b>4487</b>	<b>% of Contracted Goal:</b>	<b>224%</b>
<b># of Children served in Groups:</b>	<b>7170</b>	<b>% of Contracted Goal:</b>	<b>180%</b>
<b># of Adults served:</b>	<b>704</b>	<b>% of Contracted Goal:</b>	<b>235%</b>
<b># of Adults served in Groups:</b>	<b>647</b>	<b>% of Contracted Goal:</b>	<b>162%</b>

<b>Outcome Achievement (Goal):</b>	Improved overall health and functioning of students by completing all mandated screenings and notifications of 100% ( <i>Goal – 90%</i> ) of students by December 30, 2009 to ensure timely referrals for appropriate services and treatment.
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<b>Outcome Achievement (Goal):</b>	Increased knowledge of 90% ( <i>Goal – 70%</i> ) of children and adult staff who attend class workshops on making healthy lifestyles as measured by pre/post surveys.
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## FAMILY BUILDING & STRENGTHENING



Children’s Services Council funds twenty-two programs that strive to provide opportunities for the family to become a stronger unit that builds resiliency and sets positive goals for its children. Programs funded in this category represented **28%** of the total program allocations for fiscal year 2009-10 totaling \$1,827,900.

- ARC of St. Lucie County – After School and Summer programs
- Big Brothers Big Sisters – Family Support Services
- Big Brothers Big Sisters – Children of Promise
- Boys and Girls Club – Multi-Cultural Resource Center
- CASTLE (5)- High Hopes for Kids; Safe Families; Strengthening Families; Valued Visits, Strong Fathers/Strong Families
- Catholic Charities (2) - Strengthening Families; Treasure Coast Kids
- Center for Information and Crisis - 211 Program
- Children’s Home Society – Heart Gallery/Adoption Support
- Daniel M Foundation - Camp Holiday Children’s Center
- Early Learning Coalition – Father & Child Connection
- Family Preservation Services – Strengthening Families
- Hibiscus Children’s Center – Support for Families in Crisis
- New Horizons of the Treasure Coast – Strengthening Families
- Planned Parenthood (2) – Adult Role Models; La Promesa
- Roundtable of St. Lucie County, Inc. – Kids at Hope
- Treasure Coast Hospices – Youth Services

Children Served by Age							
0 - 4	5 - 9	10 - 14	15 - 17	18	Total*		
667	1233	1083	765	274	4022		
Children Served by Race/Ethnicity							
Black	Haitian	Hispanic	White	Asian-Pacific Isl.	American Indian	Other	Total*
1353	177	717	1603	11	3	158	4022
<b>Children Served in Groups: 3968</b>				<b>Adults Served in Groups: 46,730</b>			

\*Represents aggregate total of children served

22 of 22 programs are meeting 90% or more of their program outcomes goals. The outcome measures for Family Building and Strengthening include:

- Increased protective factors and reduced risk factors associated with child abuse for families
- Increased pro-social behavior and decreased anti-social behavior attitudes
- Reduced alcohol, marijuana, and illicit drug use
- Increased family functioning through positive parenting classes
- Decreased school discipline referrals
- Improved knowledge and competency in accessing community resources
- Increased skills in the ability to teach health education, parenting skills and life skills
- Increased comfort levels of parents in talking to their children about health issues, values and decision-making skills, including fathers

**Agency:** Arc of St. Lucie County **Program:** After School and Summer Program  
**Amount funded for FY 09-10:** \$115,000 **Percent Spent:** 96%

**Brief description:** An after school and summer program designed to achieve the promotion and support of functional family structure and the promotion of school readiness/healthy bodies & minds for a mentally and physically challenged population.

**# of Children served Individually:** 62 **% of Contracted Goal:** 124%

**Outcome Progress:** 97% (*Goal – 85%*) of participating parents with children of disabilities will reduce family stress as measured by family satisfaction surveys distributed in May & Aug 2010.

**Outcome Progress:** 99% (*Goal – 90%*) of behaviorally challenged students and medically fragile students in need of 1:1 support and assistance have maintained interactive communication and functional skill levels as measured by observations and program documentation.

**Agency:** Big Brothers Big Sisters **Program:** Children of Promise  
**Amount funded for FY 09-10:** \$10,000 **Percent Spent:** 100%

**Brief description:** A matching grant program designed to provide individual/family counseling and group mentoring to children and families whose family member is incarcerated in state or federal prison to develop healthy beliefs, clear standards of behavior, family bonding and opportunities for skills development.

**# of Children served Individually:** 56 **% of Contracted Goal:** 233%

**# of Adults served:** 33 **% of Contracted Goal:** 138%

**Outcome Achievement (Goal):** 100% (*Goal – 85%*) of youth who participated in 1-to-1 Children of Promise Mentoring for at least five months have not become involved with the juvenile justice system.

**Outcome Achievement (Goal):** 80% (*Goal – 80%*) of the youth who participated in 1-to-1 Children of Promise Mentoring for at least five months have improved academic performance.

**Outcome Achievement (Goal):** 50% (*Goal – 90%*) of the youth enrolled in the Children of Promise Mentoring Program had less than three unexcused school absences during each nine weeks as measured by report cards.

**Agency:** Big Brothers Big Sisters **Program:** Family Support Services  
**Amount funded for FY 09-10:** \$44,000 **Percent Spent:** 92%

**Brief description:** Provides individual/family counseling and group mentoring to children and families that have demonstrated anger control issues, low self-esteem, poor peer relationships, and poor family management.

<b># of Children served Individually:</b>	<b>25</b>	<b>% of Contracted Goal:</b>	<b>50%</b>
<b># of Children served in Groups:</b>	<b>86</b>	<b>% of Contracted Goal:</b>	<b>54%</b>
<b># of Adults served:</b>	<b>30</b>	<b>% of Contracted Goal:</b>	<b>60%</b>
<b># of Adults served in Groups:</b>	<b>14</b>	<b>% of Contracted Goal:</b>	<b>93%</b>

<b>Outcome Achievement (Goal):</b>	Improved developmental assets and coping skills by one level in 95% ( <i>Goal – 85%</i> ) of the target <u>families</u> as measured by parent, mentor, teacher, and case manager on the Program Based Outcomes Evaluation (POE – Modified Version) pre and post testing.
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<b>Outcome Achievement (Goal):</b>	Improved developmental assets and coping skills by one level in 95% ( <i>Goal – 85%</i> ) of the target <u>youth</u> as measured by parent, mentor, teacher, and case manager on the Program Based Outcomes Evaluation (POE – Modified Version) pre and post testing.
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<b>Outcome Achievement (Goal):</b>	Decreased the number of conduct referrals in 100% ( <i>Goal – 80%</i> ) of the clients with behavior problems by 20% as reported by the SLCSB discipline records and Boys and Girls Club conduct records.
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**Agency:** Boys and Girls Club **Program:** Multi-Cultural Resource Center  
**Amount funded for FY 09-10:** \$145,000 **Percent Spent:** 94%

**Brief description:** This program is designed to: 1) Provide after school and school break services for 50 K-8 youth; 2) Provide 8 week summer program; 3) Provide outreach program, Higher Ground, that engages parents in a variety of family strengthening activities.

<b># of Children served Individually:</b>	<b>142</b>	<b>% of Contracted Goal:</b>	<b>284%</b>
<b># of Children served in Groups:</b>	<b>12</b>	<b>% of Contracted Goal:</b>	<b>0%</b>
<b># of Adults served:</b>	<b>55</b>	<b>% of Contracted Goal:</b>	<b>%</b>
<b># of Adults served in Groups:</b>	<b>18</b>	<b>% of Contracted Goal:</b>	<b>0%</b>

<b>Outcome Achievement:</b>	91% ( <i>Goal – 90%</i> ) of youth enrolled in the program for at least 3 months will improve or maintain academic performance as shown by 9 week progress reports from school or performance measures testing progress on site.
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<b>Outcome Achievement:</b>	81% ( <i>Goal – 75%</i> ) of families have accomplished at least two of their Family Service Plan goals related to community and educational services through education, relationship building, and case management as measured by pre and post service survey results and documentation of follow-up contacts.
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<b>Outcome Achievement:</b>	87% ( <i>Goal – 90%</i> ) of youth enrolled in the program attended the after school program a minimum of three days per week as measured by weekly attendance and case file documentation.
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Agency: CASTLE Program: High Hopes for Kids  
 Amount funded for FY 09-10: \$43,000 Percent Spent: 100%

**Brief description:** An educational and support group for children whose parents have divorced or separated. Meets weekly for twelve weeks to provide support and teach children coping skills to deal with the strong feelings and issues that arise from parental separation.

**# of Children served in Groups: 377 % of Contracted Goal: 108%**

<b>Outcome Achievement (Goal):</b>	94% ( <i>Goal – 92%</i> ) of children who completed the High Hopes program demonstrated improved coping skills, as measured by pre/post assessments.
<b>Outcome Achievement (Goal):</b>	94% ( <i>Goal – 90%</i> ) of children who completed the High Hopes program demonstrated improvement in at least two behaviors conducive to classroom learning.
<b>Outcome Achievement (Goal):</b>	96% ( <i>Goal – 90%</i> ) of children who completed the Anger Management Enhancement of the High Hopes for Kids Program demonstrated improvement in at least two anger management skills as measured by pre/post anger management checklist.

Agency: CASTLE Program: Safe Families  
 Amount funded for FY 09-10: \$213,000 Percent Spent: 98%

**Brief description:** Home-based parent education and support designed to prevent child abuse and neglect and help families remain intact.

**# of Children served Individually: 567 % of Contracted Goal: 101%**  
**# of Adults served: 382 % of Contracted Goal: 101%**  
**# of Adults served in Groups: 122 % of Contracted Goal: 84%**

<b>Outcome Achievement (Goal):</b>	100% ( <i>Goal – 90%</i> ) of the families who have been enrolled for at least 3 months reduced at least two (2) risk factors associated with child abuse while enrolled and/or at the conclusion of the program as measured by the program’s risk factor assessment tool.
<b>Outcome Achievement (Goal):</b>	99% ( <i>Goal – 90%</i> ) of the families who have been enrolled for at least 3 months increased at least two (2) protective factors associated with child abuse while enrolled in the program and/or at the conclusion of the program as measured by the program’s protective factor assessment tool.
<b>Outcome Achievement (Goal):</b>	95% ( <i>Goal – 94%</i> ) of families who successfully completed the program have had no confirmed reports of re-abuse for one year. (n=551 families)

Agency: CASTLE Program: Strengthening Families  
 Amount funded for FY 09-10: \$190,000 Percent Spent: 97%

**Brief description:** 14-session family skills training program designed to increase resilience and reduce risk factors for substance abuse, depression, violence and aggression, delinquency and school failure in high risk 6-12 year old children and their parents.

<b># of Children served Individually:</b>	<b>46</b>	<b>% of Contracted Goal:</b>	<b>115%</b>
<b># of Children served in Groups:</b>	<b>95</b>	<b>% of Contracted Goal:</b>	<b>112%</b>
<b># of Adults served:</b>	<b>34</b>	<b>% of Contracted Goal:</b>	<b>97%</b>
<b># of Adults served in Groups:</b>	<b>64</b>	<b>% of Contracted Goal:</b>	<b>107%</b>

<b>Outcome Achievement (Goal):</b>	Increased parenting skills so that 99% ( <i>Goal – 94%</i> ) of enrolled parents had no verified episodes of child abuse or neglect during and for up to one year after completing services.
<b>Outcome Achievement (Goal):</b>	Increased pro-social behavior and decreased anti-social behavior/attitudes reducing alcohol, marijuana, and illicit drug use in 83% ( <i>Goal – 90%</i> ) of the youth who completed the program by September 2010.
<b>Outcome Achievement (Goal):</b>	Increased family functioning in 100% ( <i>Goal – 90%</i> ) of the families who completed SFP by an increase in at least one protective factor and a decrease in at least one risk factor as measured by risk/protective factor checklist.

Agency: CASTLE Program: Strong Fathers/Strong Families  
 Amount funded for FY 09-10: \$14,500 Percent Spent: 99%

**Brief description:** Promotes responsible fatherhood in incarcerated fathers, provides concurrent services to mothers and children of incarcerated fathers through skill based classes for the family, as well as home based follow-up upon reunification of the family.

<b># of Children served Individually:</b>	<b>43</b>	<b>% of Contracted Goal:</b>	<b>78%</b>
<b># of Adults served:</b>	<b>218</b>	<b>% of Contracted Goal:</b>	<b>121%</b>

<b>Outcome Achievement (Goal):</b>	87% ( <i>Goal – 90%</i> ) of participants in the Responsible Fatherhood classes improved understanding of the role of fathers by scoring at least 75% on weekly tests on the curriculum.
<b>Outcome Achievement (Goal):</b>	100% ( <i>Goal – 75%</i> ) of incarcerated fathers enrolled in the program have maintained weekly contact with their children.
<b>Outcome Achievement (Goal):</b>	100% ( <i>Goal – 80%</i> ) of fathers who completed the program (including in-home services upon release) have <u>not</u> recidivated.

**Agency:** CASTLE

**Program:** Valued Visits

**Amount funded for FY 09-10:** \$19,600

**Percent Spent:** 100%

**Brief description:** A safe and nurturing place for non-residential parents to have supervised visitation with their children. Visitations are structured under court order.

**# of Children served Individually:** 97                      **% of Contracted Goal:** 73%

**# of Adults served:** 112                                      **% of Contracted Goal:** 104%

**Outcome Achievement (Goal):** 99% (*Goal – 95%*) of the visits occurring in SLC were successful in that they were not terminated for rules violations.

**Outcome Achievement (Goal):** 98% (*Goal – 90%*) of the residential parents completing the satisfaction survey expressed satisfaction with the program services.

**Outcome Achievement (Goal):** 95% (*Goal – 90%*) of non-custodial parents taking parenting classes successfully completed a competency based post test after each session to ensure learning of positive parenting skills.

**Agency:** Catholic Charities

**Program:** Strengthening Families Program

**Amount funded for FY 09-10:** \$86,000

**Percent Spent:** 83%

**Brief description:** Strengthening Families Program is a best practice model designed to involve the whole family. As one of four program partners services are provided to families through a 14-session family skills training program designed to increase resilience and reduce risk factors for child abuse/neglect, substance abuse, depression, violence and aggression.

**# of Children served in Groups:** 154                      **% of Contracted Goal:** 171%

**# of Adults served in Groups:** 112                                      **% of Contracted Goal:** 140%

**Outcome Achievement (Goal):** Increased parenting skills so that 99% (*Goal – 94%*) of enrolled parents who successfully complete the Strengthening Families Program will have no verified episodes of child abuse or neglect during and for one year after completing services.

**Outcome Achievement (Goal):** Increased pro-social behavior and decreased anti-social behavior/attitudes reducing alcohol, marijuana, and illicit drug use in 83% (*Goal – 90%*) of the youth who completed the program by September 2010.

**Outcome Achievement (Goal):** Increased family functioning in 100% (*Goal – 90%*) of the families who completed the Strengthening Families Program by an increase in at least one protective factor and a decrease in at least one risk factor as measured by risk/protective factor checklist.

**Agency:** Catholic Charities **Program:** Treasure Coast Kids  
**Amount funded for FY 09-10:** \$70,000 **Percent Spent:** 78%

**Brief description:** Professional counseling services for individuals, couples, children, and families to build resilience for the challenges of life. Services target children and adolescents and their families in need of counseling services to resolve the stressful issues that adversely effect family life.

**# of Children served Individually:** 207 **% of Contracted Goal:** 105%  
**# of Adults served:** 192 **% of Contracted Goal:** 144%  
**# of Adults served in Groups:** 0 **% of Contracted Goal:** 0%

<b>Outcome Achievement (Goal):</b>	84% ( <i>Goal – 80%</i> ) of children and adolescents achieved two or more of the goals on their service plans within 12 sessions as measured by case file documentation.
<b>Outcome Achievement (Goal)</b>	81% ( <i>Goal – 80%</i> ) of children, adolescents improved their SSRS sub scores (Cooperation, Assertion, Empathy, Self-control) within 12 sessions.
<b>Outcome Achievement (Goal):</b>	80% ( <i>Goal – 80%</i> ) of children, adolescents and their parents improved communication skills and ability to deal with stressors as a family unit.

**Agency:** Center for Information and Crisis **Program:** 211  
**Amount funded for FY 09-10:** \$20,000 **Percent Spent:** 100%

**Brief description:** An outreach program designed to provide 24 hour - 7 days per week information, referral, telephone counseling, and crisis intervention & suicide prevention services toll free to individuals, families and children.

**# of Children served Individually:** 617 **% of Contracted Goal:** 82%  
**# of Adults served:** 16272 **% of Contracted Goal:** 86%

<b>Outcome Achievement (Goal):</b>	Increased the volume of calls to 211 from St. Lucie County children and families by 35% ( <i>Goal – 10%</i> ) as measured by the Center's computer information management/call tracking system.
<b>Outcome Achievement (Goal):</b>	Maintained a 91% ( <i>Goal- 90%</i> ) success rate of caller satisfaction for the year as measured by random caller satisfaction surveys.
<b>Outcome Achievement (Goal):</b>	Maintained a 72% ( <i>Goal- 70%</i> ) update rate of service provider information on an annual basis as documented in this IRIS database.

**Agency:** Children's Home Society **Program:** Heart Gallery/Adoption Support  
**Amount funded for FY 09-10:** \$12,500 **Percent Spent:** 100%

**Brief description:** Year round effort to raise community awareness of the need for adoptive homes and availability of adoptive services through community activities including the Heart Gallery.

**# of Children served Individually:** 23 **% of Contracted Goal:** 85%  
**# of Adults served in Groups:** 34,617 **% of Contracted Goal:** 692%

**Outcome Achievement (Goal):** Increased the number of Heart Gallery children placed in adoptive homes: 11 of 23 St. Lucie County Heart Gallery youth have been adopted, placed or matched with adoptive families during the 09/10 fiscal year.

**Outcome Achievement (Goal):** Increased community awareness related to the need for special needs adoptions including sibling groups, ethnic minorities, older children and children with extensive medical and behavioral issues by 765% (*Goal – 25%*): Outreach presentations and Heart Gallery exhibit reached 34,617 individuals.

**Agency:** Daniel M. Foundation **Program:** Camp Holiday Center  
**Amount funded for FY 09-10:** \$152,500 **Percent Spent:** 100%

**Brief description:** Program is designed to provide family focused services to parents of children with emotional and behavioral difficulties. Provides respite, specialized parent training, and a structured positive skill building (social and conflict resolution) program for the children.

**# of Children served Individually:** 72 **% of Contracted Goal:** 131%  
**# of Children served in Groups:** 28 **% of Contracted Goal:** 93%  
**# of Adults served:** 24 **% of Contracted Goal:** 96%

**Outcome Achievement (Goal):** 93% of enrolled boys and girls increased the number of exhibited positive behavior of enrolled boys and girls by 80% (*Goal – 80%*) as measured by data collected on a daily basis through case notes.

**Outcome Achievement (Goal):** 100% (*Goal – 85%*) of parents report reduced stress levels during and immediately following the receipt of services as measured by Parent Satisfaction Surveys distributed quarterly.

**Outcome Achievement (Goal):** 100% (*Goal – 90%*) of participants attended the program a minimum average of three days per week as measured by weekly attendance rosters.

**Agency:** Early Learning Coalition **Program:** Father & Child Connection  
**Amount funded for FY 09-10:** \$55,000 **Percent Spent:** 100%

**Brief description:** A family-building and parent training program promoting development of the critical skills and knowledge needed to meet the responsibilities of the father role model.

**# of Children served in Groups:** 390 **% of Contracted Goal:** 260%  
**# of Adults served:** 37 **% of Contracted Goal:** 185%  
**# of Adults served in Groups:** 1215 **% of Contracted Goal:** 1215%

**Outcome Achievement (Goal):** 100% (*Goal – 75%*) of fathers who participated in 3 or more activities will indicate increased involvement with their children as measured by pre/post activity surveys.

**Outcome Achievement (Goal):** *Goal – Increased community awareness of the Father & Child Connection Program and other available resources in the community related to fatherhood parenting skills.* Through a variety of community outreach presentations the program has reached over 1200 adults and nearly 400 children.

**Agency:** Family Preservation Services **Program:** Strengthening Families Program  
**Amount funded for FY 09-10:** \$80,000 **Percent Spent:** 93%

**Brief description:** Strengthening Families Program is a best practice model designed to involve the whole family. The four program partners will each provide services to family members including youth and parents. The services include 14 family skills sessions designed to increase resilience and reduce risk factors for child abuse/neglect, substance abuse, depression, violence and aggression.

**# of Children served Individually:** 56 **% of Contracted Goal:** 187%  
**# of Children served in Groups:** 79 **% of Contracted Goal:** 122%  
**# of Adults served:** 42 **% of Contracted Goal:** 140%  
**# of Adults served in Groups:** 68 **% of Contracted Goal:** 136%

**Outcome Achievement (Goal):** Increased parenting skills so that 99% (*Goal – 94%*) of enrolled parents had no verified episodes of child abuse or neglect during and for up to one year after completing services.

**Outcome Achievement (Goal):** To increase pro-social behavior and decrease anti-social behavior/attitudes reducing alcohol, marijuana, and illicit drug use in 83% (*Goal – 90%*) of the youth who completed the program by September 2010.

**Outcome Achievement (Goal):** Increased family functioning in 100% (*Goal – 90%*) of the families who completed the Strengthening Families Program by an increase in at least one protective factor and a decrease in at least one risk factor as measured by risk/protective factor checklist.

**Agency:** Hibiscus Children's Center **Program:** Support for Families in Crisis  
**Amount funded for FY 09-10:** \$133,000 **Percent Spent:** 97%

**Brief description:** Child abuse and neglect prevention program that provides in-home services to families experiencing crisis (i.e. unemployment, homelessness, domestic violence, mental health, poverty). These services may take the form of family support, therapy, medical, daily living assistance, educational, and short-term respite care for children.

**# of Children served Individually:** 566 **% of Contracted Goal:** 112%

**# of Adults served:** 279 **% of Contracted Goal:** 127%

**Outcome Achievement (Goal):** 96% (*Goal – 95%*) of families participating in the program with children under the age of 18 had no verified cases of abuse or neglect during and at 12 months after services.

**Outcome Achievement (Goal):** 100% (*Goal – 95%*) of families increased parenting skills in at least one of four domains as measured by the Self Sufficiency Matrix.

**Outcome Achievement (Goal):** 100% (*Goal – 95%*) of families completing the program demonstrated knowledge and competency in accessing community resources on their own by identifying at least 3 relevant resources for their family with the resources name and instructions on how to make a self referral.

**Agency:** New Horizons of the Treasure Coast **Program:** Strengthening Families  
**Amount funded for FY 09-10:** \$68,000 **Percent Spent:** 84%

**Brief description:** Strengthening Families Program is a best practice model designed to involve the whole family. The four program partners will each provide services to family members including youth and parents. The services include 14 family skills sessions designed to increase resilience and reduce risk factors for child abuse/neglect, substance abuse, depression, violence and aggression.

**# of Children served Individually:** 24 **% of Contracted Goal:** 80%

**# of Children served in Groups:** 88 **% of Contracted Goal:** 147%

**# of Adults served:** 18 **% of Contracted Goal:** 60%

**# of Adults served in Groups:** 70 **% of Contracted Goal:** 117%

**Outcome Achievement (Goal):** Increased parenting skills so that 99% (*Goal – 94%*) of enrolled parents had no verified episodes of child abuse or neglect during and for up to one year after completing services.

**Outcome Achievement (Goal):** Increased pro-social behavior and decreased anti-social behavior/attitudes reducing alcohol, marijuana, and illicit drug use in 83% (*Goal – 90%*) of the youth who completed the program by September 2010.

**Outcome Achievement (Goal):** Increased family functioning in 100% (*Goal – 90%*) of the families who completed SFP by an increase in at least one protective factor and a decrease in at least one risk factor as measured by risk/protective factor checklist.

**Agency:** Planned Parenthood **Program:** Adult Role Models  
**Amount funded for FY 09-10:** \$103,000 **Percent Spent:** 100%

**Brief description:** Parent education program that trains and empowers community members in the topics of developing healthy relationships, enhancing self-esteem, media influence on youth, human development, puberty, effective communication, substance abuse, domestic violence, and sexuality. Empowered with this knowledge, the community members (ARMS) train parents in their communities.

<b># of Children served in Groups:</b>	<b>460</b>	<b>% of Contracted Goal:</b>	<b>115%</b>
<b># of Adults served:</b>	<b>42</b>	<b>% of Contracted Goal:</b>	<b>210%</b>
<b># of Adults served in Groups:</b>	<b>2306</b>	<b>% of Contracted Goal:</b>	<b>177%</b>

<b>Outcome Achievement (Goal):</b>	Increased skills of 23 ( <i>Goal 20</i> ) Adult Role Models in the ability to teach health education, parenting skills, and life skills by 75% by September, 2010 as measured by pre/post testing after 75 hours of training and number of teach back sessions offered during the year. (*In addition, 19 past trained ARMS remain active and complete workshops regularly)
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<b>Outcome Achievement (Goal):</b>	Increased comfort levels of parents who attend community training sessions conducted by the Adult Role Model volunteers in talking to their children about health issues, values, and decision-making skills by 99% ( <i>Goal – 75%</i> ).
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**Agency:** Planned Parenthood **Program:** La Promesa  
**Amount funded for FY 09-10:** \$62,000 **Percent Spent:** 96%

**Brief description:** This program is committed in its design to closing the gaps in the quality and availability of healthcare, health education and preventive measures currently existing in the Latino population. Program includes expanded curriculum as well as direct outreach to teens.

<b># of Children served Individually:</b>	<b>290</b>	<b>% of Contracted Goal:</b>	<b>83%</b>
<b># of Children served in Groups:</b>	<b>1148</b>	<b>% of Contracted Goal:</b>	<b>96%</b>
<b># of Adults served:</b>	<b>310</b>	<b>% of Contracted Goal:</b>	<b>103%</b>
<b># of Adults served in Groups:</b>	<b>1905</b>	<b>% of Contracted Goal:</b>	<b>166%</b>

<b>Outcome Achievement (Goal):</b>	90% ( <i>Goal – 75%</i> ) of <u>adult</u> participants increased their knowledge of reproductive health and how to communicate to their families as measure by pre/post tests.
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<b>Outcome Achievement (Goal):</b>	99% ( <i>Goal – 75%</i> ) of <u>youth</u> participants increased their knowledge of reproductive health and how to communicate to their families as measure by pre/post tests.
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<b>Outcome Achievement (Goal):</b>	Increased program participant knowledge of health and family services available, including but not limited to Planned Parenthood, by documenting services referred each quarter and the number of times referred. 101 referrals documented for fiscal year.
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## HEALTHY LIFESTYLES & DECISION MAKING



Children’s Services Council funds five programs that promote positive decision-making amongst our youth to ensure a healthy lifestyle and prevent teens from becoming parents. Programs funded in this category represented **12%** of the program allocations for fiscal year 2009-10 totaling \$816,000.

- Children’s Home Society - Teen Life Choices
- Healthy Start Coalition - Teen Case Management
- Florida Community Health Center - Adolescent Health Clinic
- Planned Parenthood (2) - Teen Time; Teen Time After School

Children Served by Age							
0 - 4	5 - 9	10 - 14	15 - 17	18	Total		
69	0	914	1316	367	2666*		
Children Served by Race/Ethnicity							
Black	Haitian	Hispanic	White	Asian-Pacific Isl.	American Indian	Other	Total
1074	126	609	811	20	3	23	2666
<b>Children Served in Groups: 11,921</b>				<b>Adults Served in Groups: 675</b>			

\*Represents aggregate total of children served

5 of 5 programs are meeting 90% or more of program outcome goals. The outcome measures for Healthy Lifestyles and Decision Making include:

- Increased child/parent communication on subject of sex
- Increased skills of youth to resist pressures to become sexually active
- Decreased number of youth participating in high risk behaviors (drug/alcohol use, unsafe sex practices)
- Improved academic performance
- Decreased discipline referrals
- Improved family interactions and communication skills
- Reduced incidences of teen pregnancy

**Agency:** Children's Home Society                      **Program:** Teen Life Choices  
**Amount funded for FY 09-10:**    \$184,000                      **Percent Spent:**    99%

**Brief description:** Program targets primary prevention of teen pregnancy through collaboration with the St. Lucie County middle and high schools, churches, and community agencies serving the teen population. Presentation of an abstinence based program including reinforcement skills will help teens to postpone sexual activity, define choices and consequences, and make responsible decisions.

**# of Children served in Groups:**                      **5349**                      **% of Contracted Goal:**    **83%**  
**# of Adults served in Groups:**                      **15**                      **% of Contracted Goal:**    **10%**

**Outcome Achievement (Goal):**    83% (*Goal – 75%*) of teens who participated in the Teen Life Choices program increased knowledge of the emotional, physical, psychological, social, and financial consequences of teen parenthood.

**Outcome Achievement (Goal):**    88% (*Goal – 90%*) of teens who participated in the "Postponing Sexual Involvement" program increased their knowledge of skills to postpone sexual involvement by 65% as measured by pre and post tests.

**Agency:** Florida Community Health Centers                      **Program:** Adolescent Health  
**Amount funded for FY 09-10:**    \$123,000                      **Percent Spent:**    100%

**Brief description:** An adolescent (ages 12 - 18) health care program providing medical testing, treatment and health education concerning HIV, STD, and pregnancy prevention.

**# of Children served Individually:**                      **1514**                      **% of Contracted Goal:**    **77%**

**Outcome Achievement (Goal):**    Maintain a proactive environment with adolescents to promote education, awareness and positive conflict resolution as indicated by a 73% (*Goal – 10%*) reduction in number of teens with continuing high-risk behavior scores at subsequent visits.

**Outcome Achievement (Goal):**    Promoted healthy eating habits and behaviors to reduce health risks – Providers assess weight/height and/or BMI regularly at visits. Teens found to be obese or at risk are provided one-on-one counseling and education along with age-appropriate handouts. 31% of teens served this fiscal year documented as being obese.

**Agency:** Healthy Start Coalition **Program:** Teen Case Management  
**Amount funded for FY 09-10:** \$173,000 **Percent Spent:** 89%

**Brief description:** This program offers teens accurate information regarding physical and emotional issues surrounding their sexuality. Although this program encourages abstinence, it provides information regarding methods of protection against unintended pregnancies and sexually transmitted infections.

**# of Children served Individually:** 503 **% of Contracted Goal:** 136%  
**# of Children served in Groups:** 3357 **% of Contracted Goal:** 112%

<b>Outcome Achievement (Goal):</b>	Decreased the number of repeat pregnancies within the teen mothers who are being case managed by increasing the number of teen mothers who use birth control after they deliver their babies. 100% ( <i>Goal – 80%</i> ) of the teens who gave birth this fiscal year received birth control.
<b>Outcome Achievement (Goal):</b>	Achieved a non-pregnancy rate of 94% ( <i>Goal - 90%</i> ) within sexually active teens who have been case managed for at least three months.
<b>Outcome Achievement (Goal):</b>	Unintended pregnancy was avoided by 94% ( <i>Goal 90%</i> ) of sexually active teens that participated in the Teen Choices curriculum one year after completing the curriculum.

**Agency:** Planned Parenthood **Program:** Teen Time  
**Amount funded for FY 09-10:** \$75,000 **Percent Spent:** 99%

**Brief description:** This program is designed to provide healthy lifestyle resources to adolescents between the ages of 12 and 18. While promoting abstinence, it also provides information on a broad range of family planning topics including the means for preventing STD, HIV and pregnancy.

**# of Children served Individually:** 579 **% of Contracted Goal:** 72%  
**# of Children served in Groups:** 2944 **% of Contracted Goal:** 123%  
**# of Adults served:** 75 **% of Contracted Goal:** 150%  
**# of Adults served in Groups:** 405 **% of Contracted Goal:** 116%

<b>Outcome Achievement (Goal):</b>	100% ( <i>Goal – 95%</i> ) of the youth who participated in the program for at least 4 months experienced no incident of out-of-wedlock pregnancy during the program year after receiving reproductive health services as verified by regular follow-up contacts.
<b>Outcome Achievement (Goal):</b>	98% ( <i>Goal - 85%</i> ) of the youth who participated in the program for at least 4 months experienced no incident of diagnosed STDs during the program year after receiving reproductive health services as verified by regular follow-up contacts.

**Agency:** Planned Parenthood **Program:** Teen Time After School Program  
**Amount funded for FY 09-10:** \$261,000 **Percent Spent:** 99%

**Brief description:** Long-term, multi-faceted program focused on improving the economic and educational opportunities available to adolescents, while decreasing high risk behaviors. Provides after-school academic support, career awareness, creative arts programming, individual lifetime sports, family life/sexuality education, counseling, and medical/health care services.

<b># of Children served Individually:</b>	<b>70</b>	<b>% of Contracted Goal:</b>	<b>127%</b>
<b># of Children served in Groups:</b>	<b>271</b>	<b>% of Contracted Goal:</b>	<b>122%</b>
<b># of Adults served:</b>	<b>142</b>	<b>% of Contracted Goal:</b>	<b>180%</b>
<b># of Adults served in Groups:</b>	<b>255</b>	<b>% of Contracted Goal:</b>	<b>183%</b>

<b>Outcome Achievement (Goal):</b>	96% ( <i>Goal – 75%</i> ) of the youth who participated in the program for at least 8 weeks improved academic performance as measured by nine-week report cards while enrolled in the program.
<b>Outcome Achievement (Goal):</b>	100% ( <i>Goal - 90%</i> ) of youth improved knowledge of human development, sexual health, the risks and prevention of HIV/AIDS and other STIs, and pregnancy prevention as measured by the number of participants with no incidents of STIs or pregnancies (quarterly pre/post tests, self reports).
<b>Outcome Achievement (Goal):</b>	90% ( <i>Goal – 90%</i> ) of the youth who participated in the program for at least 8 weeks had less than three unexcused school absences during each nine week period as measured by report cards.

## RECREATIONAL ACTIVITIES & YOUTH DEVELOPMENT



Children’s Services Council funds nine programs that provide positive activities and promotes self worth and empowerment to children and youth. Programs funded in this category represent **15%** of program allocations for fiscal year 2009-10 totaling \$1,006,640.

- Avenue D Boys Choir - Boys Choir
- Boys & Girls Club – Core Programs
- Frontline for Kids, Inc. – Frontline for Kids
- Future Generations – After School Music Enhancement
- Girl Scouts of Southeast Florida Council - Studio 2B Program
- Helping People Succeed – Helping Youth Succeed After School
- PACE Center for Girls – PACE Transition Services
- Save Our Children -Tutorial, Cultural, Recreational Enhancement Program
- YMCA – After School St. Lucie

<b>Children Served by Age</b>							
<b>0 - 4</b>	<b>5 - 9</b>	<b>10 - 14</b>	<b>15 - 17</b>	<b>18</b>	<b>Total*</b>		
8	1442	1067	411	152	3080		
<b>Children Served by Race/Ethnicity</b>							
<b>Black</b>	<b>Haitian</b>	<b>Hispanic</b>	<b>White</b>	<b>Asian-Pacific Isl.</b>	<b>American Indian</b>	<b>Other</b>	<b>Total</b>
1640	165	355	778	17	0	125	3080
<b>Children Served in Groups: 1249</b>				<b>Adults Served in Groups: 94</b>			

\*Represents aggregate total of children served

9 of 9 programs are meeting 90% or more of program outcomes goals. The outcome measures for Recreational Activities and Youth Development include:

- Improved academic performance
- Reduced discipline referrals
- Increased Gang Awareness skills and ability to resist gang participation
- Improved musical knowledge and performance
- Improved interaction skills and developmental assets
- Increased knowledge of personal safety and maintaining positive lifestyles
- Increased interpersonal skills, self-esteem, character, and leadership skills
- Decreased the number of youth spending time in unsupervised or unstructured activities
- Increased physical fitness and proper diet
- Improved family involvement and structure

**Agency:** Avenue D Boys Choir **Program:** Music After School Program  
**Amount funded for FY 09-10:** \$91,000 **Percent Spent:** 99%

**Brief description:** A boys' choir that provides youth ages 8-18 the opportunity to develop their musical abilities while promoting self-esteem, team work and community involvement. Program promotes school success and life skills that will enhance their ability to succeed as productive members of society.

**# of Children served Individually:** 51 **% of Contracted Goal:** 100%  
**# of Adults served:** 8 **% of Contracted Goal:** 0

<b>Outcome Achievement (Goal):</b>	96% (Goal – 95%) of youth enrolled in the program for at least 3 months maintained passing grades or showed improvement as measured by nine-week report cards.
<b>Outcome Achievement (Goal):</b>	100% (Goal – 100%) of youth enrolled in the program for at three months did not become involved with the juvenile justice system as measured by reports obtained from DJJ every 6 months.
<b>Outcome Achievement (Goal):</b>	100% (Goal – 100%) of youth enrolled in the program for at least three months did not become involved in gang activities, including membership or wearing gang clothing, insignias, or accessories as measured by self-report every six months and daily observation.

**Agency:** Boys & Girls Club **Program:** Core Program  
**Amount funded for FY 09-10:** \$279,500 **Percent Spent:** 100%

**Brief description:** The Boys & Girls Club provides after-school and summer development activities for children ages 6-18 that focus on academic enrichment, cultural enrichment, leadership development, substance abuse, delinquency and teen pregnancy prevention, art, music, & career exploration.

**# of Children served Individually:** 945 **% of Contracted Goal:** 86%

<b>Outcome Achievement (Goal):</b>	78% (Goal – 80%) of youth who participated in the program for at least 8 weeks improved academic performance as measured by nine-week report cards.
<b>Outcome Achievement (Goal):</b>	89% (Goal 90%) of participants enrolled in the program for at least 8 weeks had less than 3 unexcused school absences during each nine week period as measured by report cards.
<b>Outcome Achievement (Goal):</b>	Increased the judgment, decision making and social interaction skills of participants enrolled in the program for at least 8 weeks so that 100% (Goal - 90%) of program participants had no new referrals to the Department of Juvenile Justice while enrolled in the program as measured by the Dept. of Juvenile Justice referral logs.

**Agency:** Frontline for Kids, Inc. **Program:** Frontline for Kids  
**Amount funded for FY 09-10:** \$65,024 **Percent Spent:** 100%

**Brief description:** Frontline is an after-school & summer prevention and intervention program of activities for children ages 12-18 that focus on educational enrichment, recreation, leadership development, positive decision making, & career exploration.

**# of Children served Individually:** 115 **% of Contracted Goal:** 92%  
**# of Children served in Groups:** 47 **% of Contracted Goal:** 157%

<b>Outcome Achievement (Goal):</b>	91% (Goal – 90%) of youth enrolled in the program for at least 8 weeks improved or maintained academic performance by measure of cumulative grade point average as measured by nine-week report cards.
<b>Outcome Achievement (Goal):</b>	Increased the judgment, decision making and social interaction skills of participants enrolled in the program for at least 8 weeks so that 100% (Goal - 90%) of program participants had no new referrals to the Department of Juvenile Justice while enrolled in the program as measured by the Dept. of Juvenile Justice referral logs.
<b>Outcome Achievement (Goal):</b>	95% (Goal – 90%) of youth enrolled in the program for at least 8 weeks had less than 3 unexcused school absences each nine week period as measured by nine-week report cards.

**Agency:** Future Generations **Program:** After School Music Enhancement  
**Amount funded for FY 09-10:** \$77,000 **Percent Spent:** 100%

**Brief description:** Program provides youth an opportunity to learn and play musical instruments with peers in a safe setting. Youth will learn how to challenge their abilities through music.

**# of Children served Individually:** 67 **% of Contracted Goal:** 102%  
**# of Children served in Groups:** 43 **% of Contracted Goal:** 430%  
**# of Adults served:** 5 **% of Contracted Goal:** 33%  
**# of Adults served in Groups:** 20 **% of Contracted Goal:** 400%

<b>Outcome Achievement (Goal):</b>	75% (Goal – 75%) of participants improved prior musical knowledge and performance as measured by pre and post test from Mastery Theory Book and musical software and /or grade point averages.
<b>Outcome Achievement (Goal):</b>	81% (Goal – 75%) of youth enrolled in program for at least 3 months have improved or maintained their grade point average and attendance as measured by progress reports and report cards.
<b>Outcome Achievement (Goal):</b>	75% (Goal – 90%) of participants attend the program a minimum average of three days per week as measured by weekly attendance rosters.

**Agency:** Girl Scouts of Southeast Florida Council, Inc. **Program:** Studio 2B

**Amount funded for FY 09-10:** \$57,640 **Percent Spent:** 97%

**Brief description:** Program designed to serve 1000 girls ages 5-17, specifically targeting middle school students. Program includes a cohort of girls who bond together while attending five interactive sessions uniquely designed to provide protective factors in girls. Workshops include: Uniquely Me – addresses peer pressure; In the Zone – addresses living drug-free; Got Money – addresses importance of finance and budgeting; Take Charge – addresses ways for girls to protect themselves; Strong Bone – addresses lifelong health habits; and Going Global – addresses international awareness of the world.

**# of Children served in Groups:** **937** **% of Contracted Goal:** **94%**

<b>Outcome Achievement (Goal):</b>	94% (Goal – 90%) of participating girls who completed the five-week session increased their knowledge of living drug free and positive peer pressure as measured by pre/post tests given at the end of each session.
<b>Outcome Achievement (Goal):</b>	95% (Goal – 90%) of participating girls who completed the five-week session will increase their knowledge of personal safety and maintaining a positive lifestyle as measure by pre/post tests given at the end of each session.
<b>Outcome Achievement (Goal):</b>	94% (Goal – 90%) of participants were able to identify bullying practices and learned methods to stop bullying.

**Agency:** Helping People Succeed **Program:** Helping Youth Succeed After School

**Amount funded for FY 09-10:** \$82,000 **Percent Spent:** 84%

**Brief description:** After school program for students enrolled at Indian Hills. Provides academic tutoring, social skills, support groups, organized sorts, arts and crafts classes, and volunteer community projects.

**# of Children served Individually:** **67** **% of Contracted Goal:** **223%**

<b>Outcome Achievement (Goal):</b>	Increased academic performance of 76% (Goal – 75%) of youth participating in the program for at least one semester as measured by grade point averages.
<b>Outcome Achievement (Goal):</b>	72% (Goal – 70%) of youth who participated in program for at one semester did not become involved with the juvenile justice system as measured by DJJ reports.
<b>Outcome Achievement (Goal):</b>	76% (Goal – 80%) of participants demonstrated an increase in socially appropriate behavior as measured by the Personalized Management System and Problem Behavior Reports.

**Agency:** PACE Center For Girls **Program:** PACE Transitional Services

**Amount funded for FY 09-10:** \$79,500 **Percent Spent:** 99%

**Brief description:** PACE provides girls and young women an opportunity for a better future through education, counseling, training and advocacy.

**# of Children served Individually:** **243** **% of Contracted Goal:** **121%**

<b>Outcome Achievement (Goal):</b>	92% ( <i>Goal – 80%</i> ) of the girls who participated in Level I services for at least 6 months improved their academic functioning as measured by pre and post assessments.
<b>Outcome Achievement (Goal):</b>	89% ( <i>Goal – 85%</i> ) of girls who completed at least 30 days of service either remained enrolled in Level I, mainstreamed back to public school (or appropriate educational setting), were employed or in appropriate placement based on the Individual Treatment Plans.
<b>Outcome Achievement (Goal):</b>	84% ( <i>Goal – 80%</i> ) of all girls who completed the program did not commit a crime within 1 year of program graduation as measured by Department of Juvenile Justice data.

**Agency:** Save Our Children **Program:** Cultural Tutorial

**Amount funded for FY 09-10:** \$108,000 **Percent Spent:** 99%

**Brief description:** Program designed to address the academic, social and emotional needs of the children served. Emphasis is placed on youth in school with attendance problems, discipline and academic deficiencies.

**# of Children served Individually:** **116** **% of Contracted Goal:** **93%**

**# of Children served in Groups:** **222** **% of Contracted Goal:** **89%**

**# of Adults served in Groups:** **74** **% of Contracted Goal:** **148%**

<b>Outcome Achievement (Goal):</b>	96% ( <i>Goal – 80%</i> ) of the youth who participated in the program for at least 8 weeks improved their academic performance as measured by nine-week report cards.
<b>Outcome Achievement (Goal):</b>	98% ( <i>Goal – 95%</i> ) of the youth who participated in the program for at least 8 weeks have had less than 3 unexcused school absences during each nine week period as measured by report cards.
<b>Outcome Achievement (Goal):</b>	100% ( <i>Goal – 85%</i> ) of the youth who participated in the program have had no referrals to the Department of Juvenile Justice as measured by DJJ referral logs.

**Agency:** YMCA **Program:** After School & Summer Program  
**Amount funded for FY 09-10:** \$122,000 **Percent Spent:** 96%

**Brief description:** After School and Summer Program provides sports and recreation, arts, reading and dramatic play, tutored homework time after school and during out of school time (holidays and teacher workdays).

**# of Children served Individually:** 539 **% of Contracted Goal:** 166%

<b>Outcome Achievement (Goal):</b>	99% ( <i>Goal – 90%</i> ) of participants attended the program a minimum average of three days per week as measured by weekly attendance rosters.
<b>Outcome Achievement (Goal):</b>	93% ( <i>Goal – 90%</i> ) of participants enrolled in the program for at least 8 weeks improved academic performance as measured by nine week report cards.
<b>Outcome Achievement (Goal):</b>	94% ( <i>Goal – 90%</i> ) of participants enrolled in the program for at least 8 weeks had less than 3 unexcused school absences during each nine week period as measured by report cards.